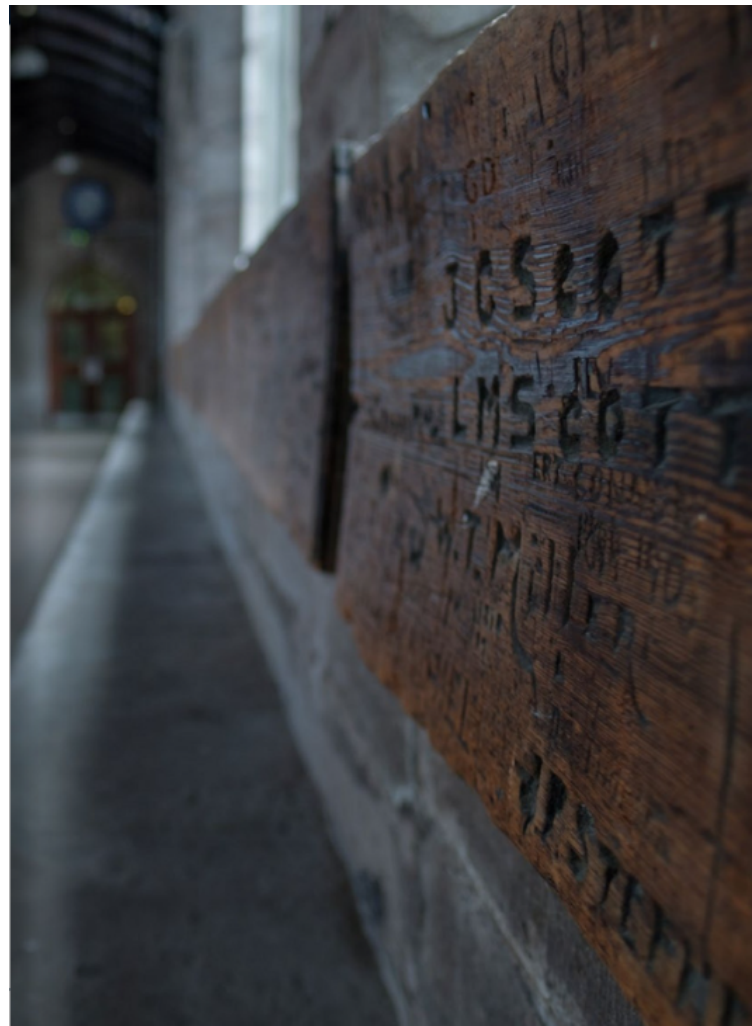
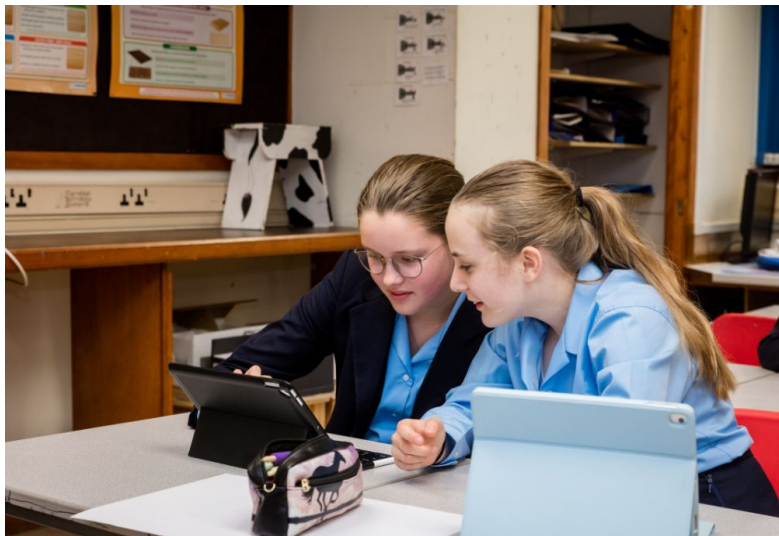




# GCSE Options Guide 2023-2024



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## Introduction

You are entering a new and exciting phase in your education, as you start to take responsibility for choosing your GCSE options. This is the first major opportunity for you to tailor your academic programme to reflect your strengths and passions. The choice of subjects is an important decision; it should be based on what might be needed for a future career, which subjects are enjoyed and which subjects provide a suitable range to ensure that a broad education is achieved.

To help you with this process, a summary of the different subject areas has been prepared by each Head of Department. This will give you an outline of the content and assessment structure for each subject. If you would like to discuss course content, assessment format, or subject choices further, please contact the relevant Head of Department. Your tutors and Housemaster/mistress will also be on hand to discuss your option choices with you.

I hope you find the rest of the information in this booklet useful in helping you to make your options choices.

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# Curriculum Structure

At Glenalmond the following CORE subjects are taken at GCSE level:

- Mathematics;
- English (Language and Literature);
- 1 Modern Language (French, Spanish or EAL);
- Science (Double or Triple Award).

There is also a choice of THREE other subject options which are shown below.

THREE options must be chosen from the list below:

ART	DESIGN TECHNOLOGY: 3-Dimensional Design	LATIN	SPANISH (if you wish to take French <b>and</b> Spanish)
COMPUTER SCIENCE	GEOGRAPHY	MUSIC	DESIGN TECHNOLOGY: Product design
DRAMA	HISTORY	PHYSICAL EDUCATION	

In addition to the examination subjects there will be timetabled periods for Physical Education, Divinity, and Learning for Life.

Whilst every effort will be made to accommodate all choices, it may not be possible to timetable a few individual combinations and further discussion may be necessary, especially with minority subjects which will only be able to be offered in one option block.

Brief descriptions of each of these optional courses, plus the Core English, compulsory language French/Spanish, Science and Mathematics are contained within the remainder of this booklet. Once you have completed your options form please return it to the Director of Studies, Mr Orviss at: [martinorviss@glenalmondcollege.co.uk](mailto:martinorviss@glenalmondcollege.co.uk)



# English Language and Literature

## Introduction

In this subject, pupils are fully immersed in the world of English Language and Literature with the goal of teaching them to become both discerning readers and writers.

## Overview

Subject	Examination Board	Specification Code	Assessment
IGCSE English Language	CIE	0500	2 x 2hr exams
IGCSE English Literature	CIE	0475	1 x 1hr 30 min exam 1 x 45 min exam 1 x 1hr 15 min exam

## Course Content

The English Language course places emphasis on the comprehension of various types of writing in prose and in creative work in various forms (speeches, articles, letters, essays). Knowledge about language and its use is a requirement, as is the ability to read, summarise and synthesise information from different sources.

The English Literature course involves compulsory study of novels, plays and poetry both before and after 1914. In this way, knowledge of the literary tradition of writing in English is encouraged. Each paper deals with an area of writing in the English language and the course will explore Drama, Poetry, and Prose from Different Cultures and writing from the Literary Heritage.

## Skills & Attributes

We endeavour to foster not only the skills of excellent spoken and written language but also to encourage the life-long love of reading in all its forms. English equips pupils with the skills of organising, planning and writing a succinct and meaningful essay and also develops their ability to read a wide range of texts and improve their understanding and appreciation of the written word.

## Preparation for A level

The study of English (both Language and Literature) is essential for any further study. Whilst we have an encouraging number of pupils who choose to study English Literature at A Level, the skills of careful reading for meaning and writing in a succinct, organised manner for a range of different purposes are vital for any subject.

## Contact

Head of Department:

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# Mathematics

## Introduction

Edexcel GCSE (9-1) in Mathematics provides evidence of students' achievements against demanding and fulfilling content and gives students the confidence that the mathematical skills, knowledge and understanding that they will have acquired are as good as that of the highest performing countries in the world. It provides a strong foundation for further academic study and for employment.

## Overview

Subject	Examination Board	Specification Code	Assessment
Mathematics	Pearson Edexcel	Edexcel GCSE Mathematics (1MA1)	3x1.5 hour exams. One non-calculator

## Course Content

The mathematics course includes a wide range of topics which are broken into five specific areas: Number

Algebra

Ratio, Proportion and Rates of change

Geometry and Measures

Statistics and Probability.

## Skills & Attributes

The Edexcel GCSE course allows students to develop fluent knowledge, skills and understanding of mathematical methods and concepts and also to acquire, select and apply mathematical techniques to solve problems. It develops their ability to reason mathematically, make deductions and inferences, and draw conclusions. On completion of the course they will be able to comprehend, interpret and communicate mathematical information in a variety of forms appropriate to the information and context.

## Preparation for A level

This course provides a strong foundation for further academic study and gives students the appropriate mathematical skills, knowledge and understanding to help them progress to a full range of courses at University. This includes undergraduate courses in other disciplines such as Biology, Geography and Psychology, where the understanding and application of Mathematics is crucial

## Contact

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# Modern Languages

## Introduction

In French and Spanish at IGCSE, you will develop a range of skills to allow you to communicate in the target language. You will develop your knowledge of vocabulary and expand your understanding of the grammatical concepts of the language. But perhaps more importantly, you will discover a new culture and way of thinking!

## Overview

Subject	Examination Board	Specification Code	Assessment
French	CIE	French - Foreign Language (0520)	Paper 1: Listening 45 mins Paper 2: Reading 1hr
Spanish	To study both, choose Spanish in the option block.	Spanish - Foreign Language (0530)	Paper 3: Speaking 25 mins Paper 4: Writing 1hr

## Course Content

The course includes four elements: a) Speaking; b) Listening; c) Reading; d) Writing. The course enables students to use and understand their chosen language in a variety of practical, everyday situations. There are five key topic areas: everyday activities, personal and social life, the world around us, the world of work and the international world.

## Skills & Attributes

There are proven benefits to learning a foreign language. Pupils who can use and understand a second language find it easier to learn a third or fourth language and have a better understanding of English or their first language. By studying another language, pupils are more likely to read more widely, to be more aware of other points of view, to be more efficient in adapting to new tasks and to be better at tasks requiring selective attention. Linguists have better negotiation abilities, better leadership skills and a better understanding of priorities than pupils who do not study a language.

## Preparation for A level

The IGCSE prepares pupils well to study a language at A-level as it provides solid foundations in all four skills. But perhaps more importantly, studying a foreign language will open doors at University as it is a very sought-after skill. Studying a language prepares you to study any other subject at A-level, be it more scientific or more literary subjects.

## Contact

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# EAL

## Introduction

Pupils whose first language is not English can choose to study EAL instead of French and Spanish, or in addition to Spanish.

## Overview

Subject	Examination Board	Specification Code	Assessment
English as an additional language	Cambridge English assessments	PET / FCE	<b>PET:</b> Reading - 45 mins Writing - 45 mins Listening - 30 mins Speaking - 12-17 mins  <b>FCE:</b> Reading - 75 mins Writing - 80 mins Listening - 40 mins Speaking - 14 mins

## Course Content

This course offers pupils the opportunity to develop practical communication skills. Pupils will be presented with a variety of stimuli and will learn to select relevant details, understand the difference between what is directly stated and implied, and practise writing for different purposes and audiences. They will listen to a range of spoken material and will engage in conversations on a variety of topics and situations.

## Skills & Attributes

This course enables learners to become independent users of English, and to be able to use English to communicate effectively in a variety of practical contexts. The study of EAL will allow pupils to communicate information/ideas/opinions clearly, accurately and effectively, to organise ideas into coherent paragraphs using a range of appropriate linking devices, and to use a range of grammatical structures and vocabulary accurately and effectively.

## Preparation for A level

As this course helps pupils improve their deductive and analytical skills and requires them to communicate effectively orally and in writing, it prepares pupils for most subjects at A-level, and gives a solid foundation to work from in preparation for the IELTS exam in the Sixth Form.

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# Science

## Introduction

Science is part of every Glenalmond pupil's curriculum up to GCSE. From the Fourth Form to the Fifth Form all pupils are taught two periods per week in each of the three sciences and all will study the material contained in the AQA Trilogy specification. Combined Science leads to the award of two GCSE grades (9-9 to 1-1) which are calculated by measuring attainment in all six examinations. The top science set aims for separate sciences (a GCSE grade in each science) with additional specification material spread over the two year course which is examined in longer papers.

## Overview

Subject	Examination Board	Specification Code	Assessment
Combined Science Trilogy	AQA	8464	2 x 75 minutes examination per science (six examinations in total)
Separate Sciences	AQA	8461, 8462, 8463	2 x 105 minute examinations per science (six examinations in total)

## Course Content

The content across Biology, Chemistry and Physics is wide and varied but the emphasis is very much on putting science into a modern day context supported by extensive practical work.

## Skills & Attributes

To impart a systematic body of scientific knowledge and facts, and an understanding of scientific concepts, principles, themes and patterns

To further pupils' appreciation of the practical nature of science, developing experimental skills based on correct and safe laboratory techniques

To develop an appreciation of the importance of accurate experimental work to scientific method and reporting

To develop pupils' ability to form hypotheses and design experiments to test them

To sustain and develop an enjoyment of, and interest in, the scientific world

To foster an appreciation of the significance of science in wider personal, social, environmental, economic and technological contexts, with a consideration of ethical issues

To enable pupils to select, organise and present information clearly and logically, using appropriate scientific terms and conventions

To prepare pupils for more advanced courses in each of the three scientific disciplines that comprise this specification.

### **Preparation for A level**

AQA Trilogy provides a solid foundation for any of the three sciences at A- Level and university entrance beyond that (including Oxbridge, medicine or dentistry). Separate sciences bring the kudos of an extra GCSE and gives pupils a head start if studying science A-levels.

### **Contacts**

Biology

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Physics

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# Art and Design

## Introduction

Our Art and Design GCSE helps students develop knowledge, skills, and understanding to enable them to truly express their personal creativity and imagination. We work in a number of ways throughout the course using diverse materials, processes and stimuli.

## Overview

Subject	Examination Board	Specification Code	Assessment
Fine Art	OCR	J171	60% Coursework 40% Exam project.

## Course Content

Students are introduced to a wide variety of different skills and ways of working from drawing, painting, photography, sculpture, computer-based design and three-dimensional media. The aim is that every student becomes a highly creative multidisciplinary artist. Students will work through a series of both sustained and mini-projects throughout the course which will be linked together to form the coursework section of the course. The exam project will start at the beginning of January in the fifth form year. This is an externally set project and will culminate in a ten-hour exam spread over a series of days.

## Skills & Attributes

Art develops a wide range of core skills and attributes from visual literacy, problem-solving, creativity, independent research and idea-generating. The skills gained in studying art at GCSE are wide-ranging and will benefit each student greatly both in preparation for A level but also as they head into their chosen career. The world definitely needs more highly-creative problem solvers who can communicate across language barriers.

## Preparation for A level

Art is useful across most subjects, the skills developed in communicating visually are valuable in most courses. Coupled with skills in independent research, idea generation and development of ideas from an initial starting point through to completion.

## Contact

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# Computer Science

## Introduction

Computer Science is an in-depth study of how computer technology works. There has never been a more exciting time to study Computer Science. We are living in the Digital Age and using computers in almost all areas of our life. Computer Science is all about creativity and problem solving with pupils who study the subject acquiring transferable skills which are beneficial in other areas of study such as engineering, financial and resource management, science and medicine.

## Overview

Subject	Examination Board	Specification Code	Assessment
Computer Science	OCR	J277	Component 1: 90 mins Component 2: 90 mins

## Course Content

Computer Systems introduces pupils to the processor, memory as well as data representation, networks, system security. It also looks at ethical, legal, cultural and environmental concerns associated with computer science.

In component 2, pupils apply knowledge and understanding gained in component 1. They develop skills and understanding in computational thinking: algorithms, programming techniques, producing robust programs, computational logic and translators.

## Skills & Attributes

Analytical Skills  
Problem solving  
Creativity  
Communication skills  
Collaborative approach

## Preparation for A level

GCSE Computer Science prepares pupils well to continue to study Computer Science at A-level as it provides solid foundations in most of the areas of study. However the study of Computer Science also establishes the basics of computational logic, this highly sought after skill can be used for problem solving in any other area of study.

## Contact

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# Design Technology: Product Design

Design Technology is an area of study that focuses on planning, designing and creating products which people use. As part of Design Technology the pupils will be able to build up their problem solving, planning, and evaluation skills.

## Overview

Subject	Examination Board	Specification Code	Assessment
Design Technology: Product Design	EDUQAS	C600QS	NEA 50% Examination 50%

## Course Content

### Component 1

This is the theoretical element of the course and culminates with a written examination that is worth 50% of the qualification, this covers; technical principles; designing and making principles; analyse and evaluate design decisions and wider issues in design and technology.

### Component 2

Non-examined assessment (NEA) is the practical element of the course and involves the design and make of a project of the pupils' own choice: this is 50% of the qualification.

## Skills & Attributes

The courses make extensive use of Information Technology and develop a broad understanding of the ever-changing technological world. Computer use and CAD/CAM is an integral part of the course and the pupils use a range of this including 3D printers, vinyl cutters and laser cutters. This is in addition to two fully equipped traditional workshops and a large project area. Some examples of previous projects are:

TV Stand - Quad Bike trailer - Gun case - Garden seat - New design of MP3 player - Packaging for a new range of cosmetics - Jewellery range - Exterior and Interior Building Design

## Preparation for A level

This GCSE option forms a good starting basis for A Level Three-Dimensional Design in the Sixth Form. This course is also appropriate for pupils considering a career in any of the following fields: interior design, graphic design, product design, architecture, electronic engineering, manufacturing, business, stage design, mechanical engineering, agriculture and computing.

## Contact

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# Design Technology:

## Art & Design Three-Dimensional Design

### Introduction

The GCSE Art & Design Three-Dimensional Design course will help you understand and appreciate the design and manufacture of existing products, making you a more discriminating purchaser. It will help you to be creative in your approach to work, develop sketching ability and use of digital technologies in designing and creating products..

### Overview

Subject	Examination Board	Specification Code	Assessment
Art & Design Three-Dimensional Design	OCR	J175	Component 1 60% Component 2 40%

### Course Content

#### Content

Component 1 Personal Portfolio	60% of qualification
Component 2 Externally set task - Supervised 10 hour Exam	40% of qualification

### Skills & Attributes

- Gain skills useful in a wide range of jobs, in further study of Three-Dimensional design and in your personal life develop decision making skills, including the planning and organisation of time and resources when managing a project.
- Become an independent and critical thinker who can adapt your technical knowledge and understanding of different design situations.
- Learn to be ambitious and open to explore and take design risks in order to stretch the development of design proposals.

### Preparation for A level

The subject ensures that pupils have developed their design and thinking skills. This course is also suitable for students considering a career in Product Design, Engineering, Architecture, Graphic Design. It also provides a firm foundation for those looking to continue to study Three-Dimensional Design in the Sixth Form.

### Contact

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# Drama

## Introduction

When studying Drama, students develop strong communication skills which are essential in any working environment. The focus is on group work, collaboration and creativity and students should feel to express themselves in a safe working environment. The qualification develops a basis for their future role as creative leaders in the world of work, as well as for the possible further study of Drama. It also allows pupils to actively engage in the process of dramatic study in order to develop as effective and independent learners and as critical, reflective thinkers with enquiring minds.

## Overview

Subject	Examination Board	Specification Code	Assessment
Drama	Pearson Edexcel	1DRO	30% Live Performance Exam 30% Coursework 40% Written Exam

## Course Content

Students will complete a Devising unit where they create and develop a group drama from a stimulus. This will be examined through a practical exam and a written portfolio analysing and evaluating the devising process. Students will also either perform in and/or design for two key extracts from a play and this is externally assessed by a visiting examiner. The final component is a written exam with live theatre evaluation questions and text extract questions from the point of view of a performer, designer and director.

## Skills & Attributes

Drama develops a wide range of core skills and attributes from critical thinking, problem solving, team work, communication skills/public speaking and presentation skills. Pupils are also challenged to work on their self-discipline and improvisation and are given the opportunity to work on their creativity and ingenuity.

## Preparation for A level

Drama is uniquely suited to prepare students for a range of A Levels due to the transferrable nature of the skills taught. The study of Drama blends well with A-Level English Literature as both subjects explore the power of the written word, both on the page and in performance. With the added option of exploring design elements for assessment, pupils are also immersed in a creative experience which lends itself well to subjects such as Art or Design and Technology.

## Contact

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# Geography

## Introduction

GCSE Geography builds on the range of geographical experiences the pupils have developed in the Third Form. It is an exciting course that examines the links between Human and Physical Geography, encourages the pupils to think critically and develops an understanding of global issues including: inequality, climate change and sustainability. The course uses case studies at a local and global scale to help the pupils better understand their place in the world.

## Overview

Subject	Examination Board	Specification Code	Assessment
Geography	AQA	8035	Paper 1: Physical 35% Paper 2: Human 35% Paper 3: Application 30%

## Course Content

Physical Geography includes the study of natural hazards, ecosystems and the UK's physical landscape. Human Geography includes the study of the changing economic world, urban challenges and sustainable resource management. Fieldwork is undertaken in two environments; currently the Auchnafree estate and Glasgow. A decision making exercise based on pre-release material provided before the examination.

## Skills & Attributes

Geography requires a wide range of skills and attributes which are developed within and outside the classroom. Pupils will develop cartographical skills by studying a range of maps. The course also requires the pupils to apply mathematics to analyse and interpret data. Pupils will be required to demonstrate their understanding through a combination of mini-essays and short responses. Fieldwork skills are developed throughout the course and pupils have the opportunity to use GIS to assist them with this.

## Preparation for A level

Geography allows the pupils to apply their knowledge from other subjects in a range of environments. It is ideal preparation for continuing science subjects and links to many of the themes. The socio-economic aspects of the course link well with other humanities. Geographers who go on to study the subject at A-Level combine it with a wider range of subjects. Its flexibility and ability to support other subjects is one of its major strengths.

## Contact

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# Greek

## Introduction

"If it hasn't been said in Greek, it's not worth saying at all." Greek GCSE is demanding but wonderful. The stories we read are lively, thought provoking, and, quite simply, superb. Mythology, culture, philosophy, and history combine perfectly in GCSE Greek.

## Overview

Subject	Examination Board	Specification Code	Assessment
GCSE (9-1) Classical Greek	OCR	J292	<ul style="list-style-type: none"><li>• Greek Language 1 hr 30 mins</li><li>• Prose Literature 1 hr</li><li>• Verse literature 1 hr:</li></ul>

## Course Content

We develop language skills using a great text book which increases in difficulty naturally. The passages range from Aesop's fables, through myths, to history and philosophy. The literature papers, studied in the original Greek, involve the study of Herodotus' musings on Egypt, and a section from Homer's *Odyssey* Book 7, where Odysseus arrives in the palace of Alcinoos, rescued by the king's daughter.. This is a wonderful opportunity to read some of the best literature ever composed..

## Skills & Attributes

Learning Greek presents a unique initial challenge: learning a new alphabet! Once this has been mastered, and it doesn't take long, the language work is similar to Latin, and the literature likewise. Close critical reading of texts is our business, but only as a vehicle to unlock discussion about bigger topics, and the meanings of the texts. Studying Greek is very much the pinnacle of the GCSE curriculum, and sharpens reading, writing, and communication skills in general.

## Preparation for A level

The ability to infer meaning from text is as important now as ever it was. Studying Greek will hone your analytical skills as well as fine-tune your ability to communicate clearly in a variety of contexts. We focus on critical thinking skills, literacy, and clear thinking at every opportunity, and Greek GCSE will set you up perfectly for any academic discipline. The vast majority of our current and recent Oxford and Cambridge undergraduates did Greek GCSE, regardless of their chosen degree subject.

## Contact

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# History

## Introduction

History enables us to develop a better understanding of the world in which we live. Building knowledge and understanding of historical events and trends enables us to develop a much greater appreciation for current events today. By studying GCSE History, you will prove your ability to develop and extend your knowledge and understanding of specific key events, eras and societies in national and world History. You will become a successful independent learner and a critical and reflective thinker.

## Overview

Subject	Examination Board	Specification Code	Assessment
History	CAIE	History 0977	Paper 1 - 2 hours The 20th Century + Germany(40%) Paper 2 - 2 hours Historical Sources, (33%) Paper 4 - 1 hour USA, 1919-41, (27%)

## Course Content

Core Content - The 20th Century: International Relations since 1919

Depth Study - Germany, 1918-1945

Extended Paper - The USA, 1919-1941

## Skills & Attributes

The purpose of the syllabus is to impart historical knowledge and to develop skills of both historical and of general value. These include the ability to select, deploy, analyse, evaluate, interpret and to present arguments and balanced discussion

## Preparation for A level

Studying History allows pupils to develop their understanding and analysis of the historical events that have shaped the world around us. It also allows pupils to develop their voice, their ability to evaluate, to make judgements and put forward their opinions in a sophisticated and nuanced manner, skills that are incredibly useful for a range of A Level Subjects.

## Contact

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# Latin

## Introduction

Latin is brilliant. Studying it makes any CV stand out. You probably know much of the language material already, believe it or not. You will read a variety of stories giving a broad insight into the ancient world covering history, mythology, and much more. You will also read some literature in the original Latin: this is challenging, rewarding, and unique at GCSE level.

## Overview

Subject	Examination Board	Specification Code	Assessment
GCSE (9-1) Latin	OCR	J282	<ul style="list-style-type: none"><li>• Latin Language 1 hr 30 mins</li><li>• Prose Literature 1 hr</li><li>• Verse literature 1 hr</li></ul>

## Course Content

The Language paper involves reading passages of various genres, in which we learn about history, mythology, philosophy, and civilisation. For the Prose Literature, Apuleius tells a mysterious tale of witches, magic, and metamorphosis, and Cicero teaches us how to be good. The Verse Literature looks at the myth of Echo and Narcissus as told by Ovid, and some love poetry by Catullus. The course is rich, varied, and engaging at every moment.

## Skills & Attributes

We focus hard on literacy skills throughout the course. Close reading of texts is a vital skill, and we practise this every lesson. Analytical skills are honed in Latin - language work focuses on detail, and literature helps develop sensitivity to the meaning of text. Latin would suit anyone with an interest in the ancient world and its wonders.

## Preparation for A level

Learning Latin is one of the best ways to develop skills in literacy. We work hard on close reading of texts at a linguistic level, as well as searching for meaning, and then expressing responses in essay and discussion formats. Learning Latin vocabulary provides an excellent foundation for any academic discipline in the 6th Form, and the history, mythology, civilisation, and philosophy topics develop critical thinking skills that stand everyone in good stead for their studies and indeed their lives.

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# Music

## Introduction

Music study at GCSE is suitable for anybody who sings or plays an instrument. Put simply - if you enjoy making music and want to know more about how it is composed and/or created, this course is ideal for you..

## Overview

Subject	Examination Board	Specification Code	Assessment
Music (9-1)	Eduqas	601/8131/X	Coursework: - Performance (30%) - Composition (30%) Examination: - Appraising (40%)

## Course Content

There are four main Areas of Study: Musical Forms and Device, Music for Ensemble, Film Music and Popular Music.

Assessed via a Listening Examination at the end of the course: eight questions in total, two on each AoS. Two of the eight questions are based upon the two set works - for 2021-23 study, these are J. S. Bach *Badinerie* and Toto *Africa*.

A minimum two Performances, at least one solo and one ensemble, total duration 4-6 minutes. One performance must link to an Area of Study of the performer's choice.

Two compositions, one from a brief set by the examination board.

## Skills & Attributes

You do need to have some practical and performance ability, as this represents 30% of the course. However GCSE Music is certainly not a course aimed solely at music scholars. You just need to be around Grade 3 level by the Lent Term in your Fifth Form year.

GCSE Music study will provide you with the skills to be able to analyse and gain more depth, detail and understanding from listening to music. You will also be supported to improve your performance skills and to be creative with composition.

Composition will be studied at the computer using Logic Pro software, so pupils also benefit from studying Music Technology creatively..

## Preparation for A level

GCSE Music needs to be studied as a prerequisite for A-level, where we also follow the Eduqas specification. The A-level builds straight on from the GCSE, taking the three key areas and developing them further.

## Contact

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# Physical Education

## Introduction

GCSE Physical Education will equip students with the knowledge, understanding and skills they need to be able to develop and maintain their performance in physical activities. Students will gain an understanding of how physical activities benefit health and fitness as well as developing an understanding of socio-cultural factors that impact participation and performance. Students must have an interest in sport and must be physically capable of performing to an adequate standard in a minimum of three sports.

## Overview

Subject	Examination Board	Specification Code	Assessment
Physical Education	AQA	8582	60% Theory examination 40% Non examined assessment

## Course Content

**Paper 1** - The Human Body and Movement in Physical Activity and sport  
Applied anatomy and physiology, Structure and function of the cardio-respiratory system, Anaerobic and aerobic exercise, Movement analysis and Physical training.

**Paper 2** - Socio Cultural Influences and Well-being in Physical Activity and Sport  
Sports psychology, socio-cultural influences, commercialisation of physical activity and sport and ethical issues.

### Non-examined assessment

Practical 30% - Assessment in three sports (1 x individual, 1 x team and 1 x choice)

Coursework 10% - Analysis and Evaluation of your performance

## Skills & Attributes

Studying GCSE Physical Education will allow pupils to develop knowledge and practical skills in a range of physical activities. They will learn how to identify ways to develop and maintain a healthy, active lifestyle. They will understand the contribution and effect physical activity and sport has on health, fitness and well-being. They will develop knowledge of how the body systems work and how physical activity can alter these. They will understand ways in which their own personal sporting performance can be improved

## Preparation for A level

Studying GCSE Physical Education will equip pupils with a range of skills needed to study a number of A level subjects. The GCSE PE course acts as a base of knowledge and prepares pupils for the PE course of study at A level. The range of topics covered can also prepare pupils who are thinking of studying Psychology, Sociology or Biology in the future.

## Contact

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